

About the book

Title: Discover the Spiritual Treasure of "Fortress of the Muslim" by Said Al-Qahtani

Overview: "Fortress of the Muslim" is a highly esteemed collection of daily prayers and invocations (du'as) derived from the teachings of Prophet Muhammad (peace be upon him).

Purpose and Impact: This invaluable guide acts as spiritual armor, providing comfort and protection through the potent practice of prayer and the remembrance of Allah.

Who Should Read It? Ideal for both newcomers and experienced believers, the book systematically organizes prayers tailored for various aspects of daily life.

Benefits: Engaging with these prayers fosters a deep sense of peace, gratitude, and closeness to the Divine.

Invitation: Dive into this rich reservoir of spiritual insights and witness how these enduring supplications can enhance your faith, uplift your daily experiences, and strengthen your spirit against the challenges of life.

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About the author

Profile: Saeed bin Ali bin Wahf al-Qahtani

Overview

Saeed bin Ali bin Wahf al-Qahtani stands out as an influential Islamic scholar and author, whose most significant contribution is the renowned book "Fortress of the Muslim" (Hisnul Muslim). This work presents a comprehensive collection of vital duas (supplications) sourced from both the Quran and Hadith.

Background

Originally from Saudi Arabia, al-Qahtani has devoted his life to the pursuit of Islamic knowledge, specializing in Hadith and Fiqh (Islamic jurisprudence). His approach to scholarship emphasizes clarity and accessibility, making complex concepts easier to understand for a wide audience.

Contributions

Al-Qahtani's writings have played a pivotal role in enhancing the spiritual lives of Muslims globally. "Fortress of the Muslim" serves as a crucial guide for everyday prayers and acts of remembrance. Through his efforts, he has not only disseminated Islamic teachings but has also promoted a deeper sense of piety and devotion within the Ummah. His commitment to

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spreading Islamic knowledge continues to inspire countless individuals on their spiritual journeys.

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Fortress Of The Muslim Summary

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Fortress Of The Muslim Summary Chapter List

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1. Introduction: Understanding the Importance of Supplications in Islam

Supplication, or Dua, holds a significant place in the life of a Muslim, serving not just as a means of communication with Allah, but as a powerful tool for spiritual growth and personal development. In Islam, supplications are encouraged in both the good times and the bad, reflecting a believer's reliance on and relationship with their Creator. This introduction will explore the multifaceted importance of supplications in Islam, shedding light on why they are not just acts of worship, but essential components of a Muslim's life.

The significance of supplication is deeply rooted in the Qur'an and the teachings of the Prophet Muhammad (peace be upon him). Allah Himself encourages believers to call upon Him with sincerity and humility, as stated in numerous verses, such as in Surah Ghafir (40:60): "And your Lord says, 'Call upon Me; I will respond to you...'" This verse underscores that supplication is both an invitation and a promise. Allah desires that His creation reaches out to Him, and in doing so, believers are reminded of their dependence on divine mercy and guidance.

Supplications serve as a form of worship, highlighting the profound connection between the supplicant and the Almighty. Engaging in Dua nurtures the heart and fortifies one's faith. Through calling upon Allah,



Muslims express their needs and desires, articulate their fears, and seek solace during tribulations. This act of turning to Allah transforms moments of vulnerability into opportunities for spiritual upliftment. For instance, when facing adversity—such as illness, loss, or personal crisis—many Muslims turn to specific supplications tailored to those situations, finding comfort in the words of their faith. This psychological and emotional healing reinforces the idea that supplication is a form of therapeutic prayer, serving as a sanctuary for the troubled soul.

Moreover, the Prophet Muhammad (peace be upon him) demonstrated the importance of supplication in his life, setting an exemplary model for all Muslims. His frequent recitation of Dua during different times of the day, coupled with explicit advice to seek help through prayer, illustrates that supplication is integral to a Muslim's routine. For example, before making a major decision, many Muslims begin with a prayer known as Istikhara, seeking divine guidance. This practice not only fosters a sense of trust in Allah's plan but also helps Muslims navigate the complexities of life with assurance that they are not alone.

Additionally, the benefits of supplicating extend beyond mere requests for changes in one's circumstances; they also include cultivating gratitude. In practicing Dua, individuals often reflect on their lives and recognize the myriad blessings bestowed upon them by Allah. Regular supplication

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encourages a mindset of appreciation, prompting believers to acknowledge and thank Allah for His countless gifts, thereby fostering a positive outlook even amid difficulties.

Furthermore, the communal aspect of supplications cannot be overlooked. Muslims are encouraged to make Duas not just for themselves, but also for others. This practice reinforces a sense of unity and compassion within the community, allowing individuals to bond over shared hopes and pleas to God. During collective prayers, such as in congregational Salah, supplicating for one another fosters a sense of belonging, as everyone joins in the hope for guidance and mercy.

In conclusion, supplications in Islam are vital expressions of faith, resilience, and connection to Allah. They are uplifting acts of worship that encourage believers to seek divine assistance, reflect on their lives, nurture gratitude, and strengthen communal bonds. As outlined in "Fortress of the Muslim," the comprehensive collection of daily prayers and invocations serves as a reminder that every moment offers an opportunity to connect with Allah through the power of Dua. Embracing the practice of supplication brings believers closer to their Creator, fostering a meaningful and spiritual journey throughout their lives.

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2. Chapter One: A Comprehensive Collection of Daily Supplications and Prayers

In the rich spiritual landscape of Islam, the act of supplication, or dua, holds significant importance. Chapter One of 'Fortress of Faith' presents a systematic collection of supplications and prayers that serve as essential tools for Muslims seeking to deepen their connection with Allah.

Daily supplications are not merely ritualistic phrases; they represent a profound manner of communicating with the Creator. These invocations embody the believer's heart-felt requests, expressions of gratitude, and declarations of faith. By incorporating these prayers into their daily lives, Muslims can align themselves with Islamic teachings and nurture their spiritual growth.

The chapter highlights various times and occasions when specific supplications are recommended. For example, upon awakening in the morning, a believer is encouraged to recite the dua: *Alhamdulillah*. (Allah brought us back to life after He caused us to die, and to Him is the resurrection)." This prayer serves as a reminder of the transient nature of life and the ultimate purpose of existence, thereby setting a spiritually aware tone for the day ahead.



Moreover, the author emphasizes the significance of praising Allah before asking for one's needs. An important supplication recited before asking Allah for anything is, "Subhanak Allahumma wa bihamdiKa, wa tabaarak-asmuKa wa ta-aala jadduKa wa la ilaaha ghayruK (Glory is to You, O Allah, and praise is due to You; blessed is Your Name and exalted is Your Majesty, and there is no deity except You)." This dua not only glorifies the Creator but also instills humility in the supplicant, reminding them of Allah's greatness before presenting their requests.

Furthermore, the chapter elaborates on the practice of sending blessings on the Prophet Muhammad (peace be upon him), where it is encouraged to recite, "Allahumma salli 'ala Muhammad wa 'ala aali Muhammad (O Allah, send blessings upon Muhammad and upon the family of Muhammad)." This invocation fosters a sense of belonging to the Ummah (Muslim community) and acknowledges the central role of the Prophet in guiding believers towards the path of righteousness.

The structure of the chapter categorizes supplications based on different times of the day, significant moments, and life events. For instance, there are specific prayers for when entering or exiting the home, engaging in daily tasks, and seeking solace during difficult times. Each supplication is accompanied by brief explanations that elucidate its significance and the



context in which it should be recited. This instructive format not only aids memorization but also enhances comprehension, allowing readers to reflect on their meaning and application.

An example from the chapter highlights a supplication for times of distress: "La ilaha illa Anta, Subhanaka, inni kuntu min al-zalimeen (There is no deity except You; exalted are You! Indeed, I have been of the wrongdoers)." This prayer, derived from the story of Prophet Yunus (Jonah) in the Quran, emphasizes the power of turning to Allah in moments of desperation and acknowledging one's shortcomings. It serves as a reminder that sincere repentance and supplication can lead to divine mercy and relief.

Moreover, the chapter encourages readers to personalize their supplications, encouraging them to express their innermost concerns and desires in their own words, after reciting the prescribed dua. This approach bridges the gap between the prescribed prayers and individual circumstances, making the practice more relevant to everyday life.

In conclusion, Chapter One of 'Fortress of the Muslim' not only provides a comprehensive collection of daily supplications and prayers but also emphasizes their role in fortifying the believer's faith and spirituality. Each invocation serves as a stepping stone towards greater awareness of Allah and an opportunity for personal growth. The systematic approach presented in



this chapter aims to empower Muslims to integrate these supplications into their daily routines, ensuring that their lives are anchored in faith, gratitude, and connection with the Divine.

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3. Chapter Two: The Significance of Seeking Forgiveness and Divine Mercy

In Islam, seeking forgiveness and divine mercy is a fundamental aspect of a believer's relationship with Allah. This chapter delves into the significance of these concepts, highlighting the profound impact they have on an individual's spiritual journey as well as their everyday life.

At the core of Islamic teachings is the understanding that human beings are inherently flawed. No one is free from sin, and it is only through recognizing our shortcomings and seeking Allah's forgiveness that we can hope to mend our relationship with our Creator. The Quran repeatedly emphasizes the importance of repenting for one's sins. For instance, in Surah Al-Furqan (25:70), it states, "Except for those who repent, believe and do righteous work. For them Allah will replace their evil deeds with good. And ever is Allah Forgiving and Merciful." This verse emphasizes not only the necessity of seeking forgiveness but also the transformative power it holds—Allah not only forgives but also replaces those sins with good deeds, showcasing His boundless mercy.

Seeking forgiveness (Tawbah) is not merely an act of verbal expression; it reflects a genuine internal longing for change. It is about returning to Allah with sincerity, feeling remorse for past actions, and making a firm intention not to revert to those behaviors. The process of Tawbah encompasses several



steps: recognizing one's sins, feeling genuine regret, making a direct supplication for forgiveness, and committing to avoiding the sin in the future. This holistic approach to repentance is deeply rooted in Islamic teachings.

The concept of divine mercy (Rahmah) is also essential in understanding why seeking forgiveness is so significant. Allah's mercy encompasses all creation, and He is referred to as "The Most Merciful" (Ar-Rahman) and "The Most Compassionate" (Ar-Rahim). These names highlight that, irrespective of the extent of one's transgressions, there is always a path back to Allah through seeking His mercy. The Hadiths demonstrate this beautifully; for example, the Prophet Muhammad (peace be upon him) said: "If a servant of Allah commits a sin and then says, 'O my Lord, I have committed a sin, so forgive me,' Allah will respond: 'My servant has acknowledged that he has a lord who forgives and punishes.'" This portrays a comforting reminder that acknowledgment of sin leads to solace in forgiveness.

Moreover, throughout various moments in Islamic history, the significance of seeking forgiveness has been evident. One prominent case is that of the Islamic prophet Adam (peace be upon him), who, after disobeying Allah by eating from the forbidden tree, sought forgiveness and sincerely repented. His supplication, "Our Lord, we have wronged ourselves, and if You do not



forgive us and have mercy upon us, we will surely be among the losers" (Surah Al-A'raf, 7:23), illustrates the essence of sincere repentance. Adam's story emphasizes that even the greatest of prophets were not exempt from error, and their return to Allah in humility serves as a reminder for believers.

The act of seeking forgiveness, coupled with the trust in Allah's mercy, cultivates a sense of hope and positivity in Muslim believers. It empowers them to confront their mistakes and learn from them rather than succumbing to despair. This dynamic is particularly relevant in our contemporary existence, where individuals may feel overwhelmed by the pressures and sins of life. The reassurance found in Allah's mercy and the ability to repent grants believers the strength to continue striving for righteousness and improvement.

Practicing regular supplications (duas) for forgiveness and mercy serves to reinforce these principles in daily life. Many scholars encourage the repetition of specific phrases and prayers that highlight the pursuit of divine pardon. Phrases like "Astaghfirullah" (I seek forgiveness from Allah) can be incorporated into regular routines, promoting an ongoing consciousness of one's actions and thoughts.

Ultimately, the significance of seeking forgiveness and divine mercy in

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Islam cannot be overstated. It is a vital practice that not only purifies the heart and soul but also fosters a deeper connection to Allah. By embracing the opportunity for repentance, believers acknowledge their humanity and unceasing need for divine guidance. It is through this seeking that they can attain peace of mind, a sense of belonging to the community of believers, and assurance of Allah's infinite compassion.

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4. Chapter Three: Invocations for Protection, Strength, and Guidance from Allah

In the life of a Muslim, the importance of invocations or supplications (du'as) is multifaceted, especially when it comes to seeking protection, strength, and guidance from Allah. This chapter delves into the significance of these invocations, which serve as a powerful means of connecting with the Divine and reinforcing one's faith and reliance on Allah throughout life's challenges.

The Role of Invocations in Seeking Protection

One of the fundamental aspects of Islamic belief is the reliance on Allah for protection against various forms of harm—be it physical, emotional, or spiritual. Muslims are taught to seek refuge in Allah from any kind of evil, whether apparent or hidden. The Quran provides numerous examples where believers are encouraged to turn to Allah for protection. For instance, the recitation of Surah Al-Falaq (Chapter 113) and Surah An-Nas (Chapter 114), known collectively as the "Mu'awwidhat" (the chapters for seeking refuge), serves as a powerful shield against malevolence and harmful entities.

These chapters invoke Allah's protection from the dangers of the night, the evil of envious individuals, and the whispers of the devil. When one recites these verses regularly, particularly before sleeping, it instills a sense of tranquility and security, calming the heart and mind in the face of life's



uncertainties. An example of this can be found in the practice of the Prophet Muhammad (peace be upon him), who would recite these surahs before resting, making it a profound lesson for his followers to turn to Allah for shield and refuge.

Invocations for Strength in Times of Trials

In the journey of life, believers encounter numerous trials and tribulations that test their endurance and resolve. During such times, invoking Allah for strength becomes crucial. Supplications such as "Hasbunallahu wa ni'mal wakeel" ("Allah is sufficient for us, and He is the best disposer of affairs") are significant in helping Muslims maintain their faith and courage amidst trials.

When Prophet Ibrahim (Abraham) faced threats and challenges, he relied on his unwavering faith and the strength imparted by Allah through supplications. This kind of strength is not merely physical; it encompasses emotional resilience and the fortitude to remain steadfast in belief, no matter the external circumstances. For instance, a Muslim facing job loss might recite invocations seeking strength, such as the supplication of Prophet Yunus (Jonah) when he found himself in distress, "La ilaha illa ant, Subhanak, inni kuntu min az-zalimeen" ("There is no deity except You; exalted are You. Indeed, I have been of the wrongdoers"). This invocation not only calls for assistance but also serves as a reminder of humility and the



need for divine help in desperate moments.

Seeking Guidance Amidst Life's Decisions

In addition to protection and strength, seeking guidance from Allah is critical, especially when faced with important life decisions. Muslims are encouraged to engage in a special prayer known as Salat al-Istikhara, which is performed when one is uncertain about the right course of action. This prayer involves asking Allah for guidance in making a decision, with the belief that He will provide clarity and direction in the best possible outcome.

The significance of this invocation is profound. Consider a graduate deciding between job offers or someone contemplating a major life change like marriage or relocation. By performing Salat al-Istikhara, the individual submits their concerns to Allah, acknowledging that He has the ultimate knowledge and wisdom regarding what is best for them.

Additionally, the general invocation "Rabbi zidni ilma (increase me in knowledge") reflects the continuous pursuit of guidance in both moral and practical aspects of life. This supplication emphasizes that, as Muslims, one should constantly seek growth and direction in faith and worldly matters, allowing Allah to steer one through the complexities of life.

Conclusion

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The invocations for protection, strength, and guidance are paramount in the life of a believer, serving as a continuous reminder of the reliance on Allah's infinite wisdom and mercy. Through these supplications, Muslims can find solace in difficult times, draw upon inner strength to face life's challenges, and navigate through decisions with a firm sense of purpose and clarity. Engaging in these practices cultivates a Spirit of faith that not only aids the individual but also uplifts the community, fostering a deeper connection with Allah and a collective resilience in the face of adversities.

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5. Chapter Four: Reflections on the Spiritual Benefits of Reciting Invocations

In Islam, the act of reciting invocations, or supplications (duas), holds profound spiritual benefits for believers. These supplications serve not merely as mere words spoken; they are vibrant expressions of faith, deeply rooted in a believer's heart, fostering a continuous relationship with Allah (SWT). Chapter Four delves into the multi-faceted spiritual advantages of engaging with these sacred prayers, enhancing both the individual's spirit and their connection with the Divine.

At the core of reciting invocations is an acknowledgment of human humility and the need for a higher power. When a believer turns to Allah in supplication, they exhibit dependency on His mercy and guidance, which reinforces their belief in His omnipotence and omnipresence. This act of turning towards Allah can bring immense comfort during times of distress or uncertainty, providing solace that transcends earthly troubles—simply knowing that one is reaching out to the Creator can fortify the heart, providing a sense of protection and hope.

One significant aspect of the spiritual benefits of reciting invocations is the purification of the soul. Engaging in regular supplication helps a believer reflect on their actions, intentions, and aspirations, fostering a mindset of self-accountability and growth. In Islam, every invocation is not just a



request but also a reminder to align oneself with Islamic values, redirecting thoughts away from despair and towards trust in Allah's plan. For instance, a person who consistently recites the dua for forgiveness (like "Astaghfirullah") cultivates a mindset that prioritizes repentance and humility, which are essential for spiritual elevation and tranquility.

Moreover, the spiritual benefits of these invocations are magnified through the regularity of their recitation. Setting aside time every day to engage with specific duas can establish a routine of spiritual mindfulness. As believers repeat phrases that extol Allah's attributes—His mercy, power, wisdom, and knowledge—they gradually internalize these concepts. This deepened understanding nurtures a stronger attachment to their faith, encouraging a mindset that seeks the divine in everyday affairs. For instance, the oft-recited "Bismillah" (In the name of Allah) before any task not only begins the action with a blessing but also serves as a continual reminder of Allah's presence in one's life.

Additionally, the communal aspect of reciting invocations in group settings—such as during prayers at the mosque or gatherings of remembrance (dhikr)—carries a unique spiritual benefit. Engaging in supplications collectively can foster a sense of unity and shared purpose among community members, strengthening mutual bonds through faith. This collective supplication, especially during significant times like Ramadan,



can elevate the spirituality of the entire congregation, as each individual supports the others in seeking closeness to Allah during these sacred moments. An example can be seen during the Tarawih prayers when congregational supplications are made at the conclusion, creating a powerful atmosphere of collective worship that amplifies the impact of individual prayers.

Furthermore, reciting invocations can serve as a mental sanctuary, offering peace and tranquility in the hectic pace of modern life. The repetition of these prayers can act as a meditative practice that calms the mind, reduces stress, and reorients focus back to faith. When a believer finds themselves overwhelmed with responsibilities or anxieties, turning to supplications can be a means to regain serenity and clarity. For example, the dua for seeking guidance ("Ihdinas Siratul Mustaqeem") reminds the reciter to seek a straight path towards righteousness, effortlessly guiding them to prioritize their faith over worldly concerns.

Ultimately, the spiritual benefits of reciting invocations go beyond mere words; they are transformative experiences that impact one's heart and soul. Engaging with Allah through these prayers nurtures a deeper understanding of one's purpose in life, cultivates gratitude, encourages forgiveness, and enhances overall spiritual awareness. In the act of supplication, believers not only communicate their needs and desires to Allah but also reinforce their



trust in His wisdom and timing. As such, integrating the practice of reciting duas into daily life can profoundly shape the believer's spiritual journey, fostering a rich, continuous dialogue with the Divine that encompasses both the challenges and blessings of life.

In conclusion, the reflections on the spiritual benefits of reciting invocations affirm that prayer is a powerful tool for enhancing one's faith and connection with Allah. Recognizing this significance can inspire believers to make supplication an integral aspect of their daily routines, ensuring that their relationship with the Creator remains vibrant and fulfilling throughout their lives.

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6. Conclusion: Embracing the Power of Prayer in Everyday Life

In conclusion, the teachings presented in "Fortress of the Muslim" emphasize the transformative power of prayer and supplication in the daily lives of believers. The act of calling upon Allah is not merely a ritualistic practice; rather, it serves as a profound means of connecting with the Creator, seeking guidance, and fostering a sense of spiritual awareness and peace.

Life in the modern world can be overwhelming, filled with distractions and challenges that can easily divert our attention away from our spiritual obligations. However, incorporating the practices outlined in this book into our daily routine enables us to center ourselves and cultivate a deeper relationship with Allah. By integrating daily supplications into our mornings, evenings, and moments of need, we can build a fortress of spiritual strength that protects us from despair and doubt.

For instance, consider the invocation for seeking guidance when faced with difficult decisions. This prayer, "O Allah, I seek Your guidance by Your knowledge and seek help from You by Your power, and I ask You for Your immense bounty..." (as taught in the Hadith) serves not only as a source of divine instruction but also calms the heart and mind during moments of uncertainty. This practical application of prayer illustrates how believers can

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navigate the complexities of life by placing their trust in Allah and remaining steadfast in their faith.

Moreover, the emphasis on seeking forgiveness and divine mercy highlights the importance of humility and self-awareness in our spiritual journey. When individuals sincerely recite the du'as for forgiveness, they are reminded of their imperfections, which ultimately fosters a sense of gratitude for Allah's mercy. This ongoing process of reflection and repentance cultivates a compassionate spirit, encouraging believers to approach others with gentleness and understanding.

The spiritual benefits of regular invocation extend beyond personal solace. They also create a ripple effect within the community. Just as a single prayer can lift one's spirits and renew hope, collective supplications during communal gatherings or family prayers strengthen bonds between individuals, fostering unity and mutual support. When families engage in supplications together, they collectively nurture their spiritual growth, sharing moments of sincerity and reinforcing their bond with Allah and each other.

Finally, the practice of invoking Allah for protection, strength, and guidance enables believers to shed their burdens and fears. For instance, the morning and evening adhkar serve as a daily reminder of Allah's protective spirit,

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instilling a sense of security amidst life's uncertainties. This practice can be especially potent during times of distress or anxiety, as believers recite these invocations, trusting that their faith will shield them from harm.

In summary, embracing the power of prayer as detailed in "Fortress of the Muslim" is a vital aspect of nurturing a holistic spiritual life. The advice and supplications provided in this book serve as a roadmap for maintaining this profound connection with Allah. By weaving the practice of prayer into the fabric of everyday life, believers not only enhance their personal faith but also contribute positively to their families and communities.

As Muslims, we are encouraged to remain steadfast and regular in our supplications, withdrawing into the sanctuary of prayer whenever we face life's trials. This unwavering commitment to seeking Allah's guidance, mercy, and protection transforms our lives, ensuring that our journey is led by faith, resilience, and serenity.

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